**TITLE**

**BEING ETHICAL IN RELATION TO PERSONAL, ACADEMIC AND PROFESSIONAL GROWTH**

1. **Explain what it means to be ethical as it relates to personal, Academic and professional growth. Provide at least one ethical dilemma you encountered and describe how the issue was resolved. Describe how your general education courses have influenced your ethical values.**
2. **What it means to be ethical as it relates to personal, Academic and professional growth.**

Ethical means relating to moral principles or branch of knowledge dealing with moral social and behavior or conforming to accepted standards of social or professional behavour.eg an ethical teacher, medical practice etc. This is also called moral philosophy. Ethics seeks to resolve questions of human molarity by defending concepts such as good and evil, right and wrong, virtual and vise, justice and crime. As afield intellectual inquiry, Moral philosophy is related to the fields of moral phycology, descriptive ethics and value theory.

As to the context Being ethical in relation to personal, academic and professional growth means growing personally, academically and professionally, While adhering to moral principles and values that guide ones actions and choices. Ethics is what guides us to tell the truth keep our promises, or help someone in need. There is a frame work of ethics underlying in our lives on daily basis. These ethics helps us make decision that justify our conscience and uphold our moral values.

Ethics influences various aspects of a person’s life. It can affect the ability of individual to think and make ethical choices.

* There is also difference between personal and professional ethics.
* Personal ethics refer to an individual beliefs and values in any area of life, they include, honesty, loyalty, integrity, respect, selflessness and responsible. While professional ethics refers to a person’s values within work place.

E.g. decides to return money picked from ground to the owner rather than keeping it for myself. Professional involves returning the picked money to my fellow co-worker due to the code of conduct rule of not stealing.

* Personal ethics can be improved in our daily life by
1. Getting clear priorities
2. Writing down your goals
3. Considering practices and beliefs
4. **Provide at least one ethical dilemma you encountered and describe how the issue was resolved**
* You need to understand what an ethical dilemma is.

An ethical dilemma are situations in which there is a difficult choice to be made between two or more options, neither of which resolves the in a manner that is consistent with accepted ethical guidelines. When faced with an ethical dilemma a person is faced with having to select an option that doesn’t align with an established cord of ethics or societal norms such as codes of law and religious teaching or wit their internal moral perception of right and wrong.

* According to Rush worth kinder ,founder of US institute of ethics recognize four type ethical dilemma which are:
1. **truth vs. loyalty,**
* telling the truth or being honest with the values

Responsibility or promise-keeping. “Telling the truth” most commonly means accurately reporting the facts

* Whereas loyalty focuses on allegiance to a friend, a group, or a set of ideas. I relate well with this kind of dilemma. I am a teacher by profession teaching one of a private school in Eldoret. So I remember one day a parent to one of my PP2 pupil came to pay fees for her daughter. The bursar wasn’t around and so the secretary send the parent to me.Since the parent never wanted to return with the fee she decided to entrust it with me. The money came when I was broke and had a lot of bill to settle so I was in had position whether to hand over the money to the burse or use it and remain silent after role the term was coming to an end and maybe when schools open I will have gotten the money to refund or even moved to another school. By the end of the day I had to hand over the money for conscience was not in order with me I realized if investigations are done I will be caught of lying to my boss/director hence I lose my job.
* Principles are key in decision making or problem solving. Consider the consequences of your action. The most common form of consequentialism states that one should do what produces the greatest good for the greatest number.
1. **short-term vs long-term,**
* Involves the immediate needs of the present Conflicting with those of the future.
1. **individual vs community,**
* Pits the interests of the individual, standing all alone, against those of some larger group (to which the individual also often belongs). Or it could be about the interests of one person compared to another or the interests of a small group compared to those of some larger group.
1. **Justice vs mercy**.

Is a choice between going by the book and bending the

Rules. It involves choosing between fairness and equal treatment of everyone on the one hand, and compassion and allowing for exceptions on the other hand. This reminds me back then when I was in campus. Students date day inn day out. One of my friends went to visit her boyfriend .So on that process the boyfriend went to the kitchen to bring her some juice .Unfortunately or fortunately he left his phone. Halima her side-chick called and it came to attention and merry sow it become furrier, received it and they both quarrel since Johnny was cheating on both of them. When john came back it was noisy they fought and accidentally merry pushed him and he fell on the stairs. End of Johnny as merry was arrested for murder and on court the judge gave her time to explain the situation. The judge listed keenly and finally said he has listed to the story. He had mercy for her as his heart forgave her but the law was very clear so she was life imprisoned .Ethically to his professional as a legal practitioner he has ethical. Only on the act of the presidential pardon in the law is when we have mercy.

1. **Describe how your general education courses have influenced your ethical values.**

Acting ethically is the right thing to do, but it is not always easy. Often, conforming to high standard of conducting is not about clear-cut right and wrong decisions, but choosing the lesser of two evils. Some decisions required that you prioritize and choose between competing ethical values and principles. Ethically have impressed values like trustworthiness, respect, responsibility, fairness, caring and good citizenship providing foundation of good practice. Trustworthy has enabled me exhibit behaviors like acting with integrity, honesty, keeping promises, being loyal, reliable, credible and consistent.

* Respecting others and treating them the way I want to be treated avoiding insults by controlling anger and being considerate and courteous.
* These ethical values as a good citizen has shaped me in a way of being cooperative, sharing information, staying informed, protecting the environment and being a law abiding citizen.
* Being caring exposing gratitude, forgiving others and being compassionate by helping those in need.
* In job have always been fair not baying blames to others and being open minded listening to others and coming up with considerate solutions when solving problems
* The general education courses did help me better understanding regarding what should be considered ethical, I have used it in all of my actions as far as personal or professional life is concerned .It has helped categories discipline, honesty and integrity my our actions performed during the day. Acting as a guideline to influence behavior choices, it is making right choices, it is easier for individuals to abide by rules and act responsibly with ethics.
* Ethics in education has helped run the system smoothly in the early years of higher education, moral and ethical course work was intergraded into co-curricular schools were originally founded with some form of moral education as a primary goal.eg in a school where I teach it is a christen found based institution with Christian sponsorship helping kids to grow holistically according to how they have programed their activities with right ethical foundation. Apart from curriculum activities there are pastoral activities where by engaging with leaners holistically influence their morals and grow morally upright. Teaching these kids makes you to lead by example as a role model. Leading by example also makes you to stick to what you teach them hence preparing them to success and allow them develop critical thinking skills. Introducing them to correct and incorrect ethical decision allowing them to learn firsthand complexity of ethics.
* General knowledge has provided a broad range of knowledge and perspective on various subjects.
* Ethical values have helped me set standards in work place and life giving individual a solid basis of appropriate action in a given situation and instilling sense of trust from leaders and profession.
* Being ethical has given me self-motivation as I am willing to go extra mile to accomplish a task on time and in correct manner.

**SUMMARY**

Acting ethically, as it relates to growth, requires a person to act honestly, while responsibly managing the tasks necessary for then in school, work or personal areas.eg an individual should not cheat on exams but instead should study diligently. Same also applies to job, hobbies and relationships. The person should challenge themselves to become capable of more advanced work before breaking the rules