Major elements of informed consent

**1. Disclosure of information.**

It is the process through which physicians explain clinical information to a patient in a way in which the patient understands.

**2. Competency of the patient to make decisions.**

It refers to the ability of the patient to make consent and live independently and manage his or her finances

**3. Voluntary nature of the decision**

The patient must be competent to make willing choices regarding any procedure to undergoe either a surgery.

Circumstances under which a human service professional can breach the general understanding of confidentiality in testing.

**1.Disclosure with consent.**

The professional disclose information of patients with the consent of individual to whom the information relates as long as it is lawfully accepted.

**2.Disclosure required by the law**

It means releasing and transferring patients information outside the entity holding the information to court to be used as evidence.

**3.Disclosure in the public consent.**

It means telling the public about health information of a leader or a state official for the sake of the state like death of the president.

Emphasis on how professional working with clients who are HIV positive should relate with them.

1.They should hold regular HIVandAIDS awareness so that people could know about it.

2.They should encourage free voluntary testing in health institutions for one to know their Hiv status stage.eg...full blown stage .

3.They should develop strategies to address costs associated with HIV and AIDS in the work places to enable the patients manage their finances.

4.They should try to establish a wellness program for patients affected by HIV like running to ensure body fitness.

5.They should also promote condom distribution and use to workers to decrease chances of getting diseases.

6. They should create condusive environment for openess, disclosure and acceptance among workers so that they feel embraced