INTERVIEW SUMMARY

Introduction

This report summarizes the process of interview I had with a 28years old male student with type one diabetes. The summary provides a brief overview of a serious condition known as Diabetes, it's causes and how it's managed.

Interview Summary

After having an interview with him , I come to discover a lot regarding Diabetes.I learned having this particular disease is difficult to manage.

There are two main types of diabetes; type - one and type- two. This particular illines distress your body's capability to generate or use insulin.

Insulin is a hormone, when your body turns the food you eat into energy, it's usually referred to as a glucose or sugar. If you produce little or no insulin, or you insulin resistant, too much sugar rests on your blood. Blood glucose levels are greater than standard for individuals with diabetes. The cause is unknown. Genetics, diet,obesity and lack of exercise may play a role in developing diabetes, specifically in cases of types- two diabetes.

I learned a lot from my interviewee, just from hearing the personal experiences throughout his life. I learned that