

FIELD: EDUCATION.

CONTEXT: Discuss the benefits of learning a foreign language in school.

Foreign Language: It is a language that is not an official language of, or not typically spoken in, a specific country.

❖ It stimulates brain.

Acquiring a new language means that you're going to learn a whole set of rules of grammar. So, while the brain is trying to keeping up with the new languages complexities and take in the new patterns, new developments are happening in the brain, just like muscles, the brain gets stronger and bigger the more you put it in use.

❖ It improves your attention span.

Studies shows that human attention span seemingly narrow more and more everyday and deciding to learn a new language may be a problem solver to the situation. Learning a new language helps the brain maintain focus and block distractions. The need to constantly control two languages or more confers advantages in the executive system

❖ More careers options to choose from.

Since we are living in a multicultural world, many companies are opening offices overseas to extend their market. By acquiring a foreign language, you will double the number of available jobs for you and climb the career ladder much faster. In highly competitive markets, employers are looking to hire someone that stands out from the rest of the candidates. So, knowing a foreign language could help you be chosen among many other job applicants. Nowadays, people who are proficient in more than one language are high in demand in the job market in all sectors and industries as the employer consider them to be better communicators and problem solvers.

❖ It boosts your creativity.

It influences the level of creativity. As a person starts to learn a language, they get familiar with the culture of the place where the language is spoken. The more one learns about new cultures the more you look at the world around you from different perspectives. The change of views will make you more original, elaborate and flexible. It also forces your brain to put words together in creative ways, which stimulates your brain and boosts your creativity

❖ Build multitasking skills.

Not many people are good at multitasking. Learning new foreign language help most of the people to be experienced when it comes to multitasking since their brain has been practicing in switching from one language to the other daily. When the brain gets used to this demanding job of switching from one language to another, it isn't difficult for them to use this skill in other tasks too.

❖ It improves your memory.

The more physical exercise you do, the more the muscles strengthen and get larger hence applies to brain. The more you challenge it the more the brain expand and the better it functions. Learning a new language exercises your brain by having first to understand it and later recall multiple grammar rules and vocabulary, strengthens the memory muscles. Hence people who know more than one language are more likely to retain information.

❖ It boosts your self-esteem.

It breaks you out of your shell again and again and eventually you will feel comfortable in every situation regardless of whether you're making mistakes or not. Becoming proficient in

a language is like mastering any other skill hence you have a lot of confidence when talking to a native speaker in their language since your self-esteem is sky-rocket.

❖ The first language is improved.

Learning a new language makes you more conscious of the nuts and bolts of your own language. Terms such as vocabulary, grammar, conjugation, comprehension and sentence structure become everyday phrases, whereas your own language is probably absorbed more.

❖ Improves performance in other academic areas.

As a result of higher cognitive skills, learning a new language includes higher scores compared to scores of monolingual students. Language skills boost your ability to do well in problem-solving tasks across the board.

❖ Provides better career choices.

Language learning helps develop strong cognitive skills, such as better concept formation, mental flexibility, multitasking, listening skills and problem solving. In addition to improving social interaction and encouraging connection between peers.

International travel is made easier and more pleasant through knowing a foreign language.

It helps and enables people to gain a more profound understanding of their own culture and other people's culture.

❖ One has access to more information and entertainment.

It opens the door to art, music, dance, fashion, cuisine, film, philosophy, science etc. You will have access to a whole new selection of music, movies, TV shows, books, news programs, podcast, websites and more.

❖ You can help more people.

Studying a foreign language doesn't have to be all about you. It may seem obvious but speaking another language allows you to help more people. E.g., if you are a certified teacher with multilingual abilities, consider using your unique language to teach others. Being a bridge of communication between cultures is a great feeling and the joy you will get from helping someone in need will make all the hardwork of learning the language worth it.

❖ It delays the effect of aging.

Having multiple languages under one's belt have many advantages. Knowing more than one language can potentially reduce the risk of dementia and delay Alzheimer's Disease.

Language helps you understand the world.

Learning another language isn't just about words and grammar but also the society and culture behind that language to achieve any degree of fluency. History and culture are reflected in the language

Foreign language study offers a sense of the past, culturally and linguistically.

It teaches and encourages respect for other people, it fosters an understanding of the interrelation of language and human nature