

FEATURES OF CHINESE TRADITIONAL CULTURE

Confucianism

This feature mainly emphasizes on the moral values, social harmony and the filial piety of the Chinese people

Taoism

This feature mainly focuses on living with harmony with the Tao, the way of nature, and achieving balance

Buddhism

This is the most famous feature known in the Chinese culture it Influences cultural and ethical values as well as it emphasize on compassion and enlightenment

Calligraphy

It is a feature that is both appreciated as an art form and as well as a means of self-expression using simple tools like brush and ink

Tea culture

Tea is a very important item in the Chinese culture as ceremonies like the tea drinking ceremonies are usually carried out and most people find the tea drinking practice as a sacred thing

Traditional medicine

It is very important feature as most Chinese communities have members that are well experienced in practices like acupuncture of herbal remedies and qigong this do contribute to holistic healthcare

Festivals

It is also one of the famous feature, celebrations like Chinese New Year mid-Autumn festival and as well as the dragon boat festival reflect their cultural traditions

Chinese opera

Pecking opera and Cantonese opera are the most known regional styles that contribute to the Chinese traditional performing art

Classical Chinese literature

This feature includes of the influential works like the Confucian analects, Tao, Te Ching and classical poetry

Dynastic history

This is the great long known history that holds the dynastic cycles, influences, values and societal structures of the Chinese people

Feng Shui

This is the practice of harmonizing Chinese individuals with their environment for positive energy flow and also for the future benefits.

Traditional clothing

Like any other cultures the Chinese also have their traditional clothing that is the qipao for women and changshan for men. These are the famous traditional attire.

Cuisine

This is one of the famous features in the Chinese culture as the people contain varied regional dishes emphasizing balance of flavors and nutritional value.

Filial piety

Respecting and honoring parents and ancestors in the Chinese culture is one of the most core values and it is adhered to by every member.

Traditional music and instruments

Traditional instruments like the Guqin and erhu as well as the traditional melodies are integral to Chinese music.

Ceramics and porcelain

China is universally renowned for its ancient art of creating exquisite ceramic and porcelain that come into use in various aspects of their culture. This as a skill was practiced and nourished for generations.

Traditional architecture

The Chinese culture is also notable for their unique architectural designs like the pagodas, courtyard houses (siheyuan), and classical gardens which promote the aesthetic aspect of the rich culture.

Family structure

There are emphasis on strong family bonds and extended family networks, which promotes a sense of mutuality and general harmony of the whole family unit.

Traditional games

Games are among the diverse in forms of entertainment in the Chinese traditional culture, Mahjong, Chinese chess (Xiangqi), and Go being among the popular ones.

Red decorations

Among the Chinese, red symbolizes ‘good luck’ and is prominently used in the traditional festivals.

Martial arts (Wushu)

Practices like Tai Chi and Kung Fu are deeply rooted in the Chinese culture. Wushu in its various forms is practiced for physical fitness, mental wellbeing, spiritual nourishment and general self-improvement.

Five elements philosophy

The belief in wood, fire, earth, metal, and water influencing the balance of nature forms a basis of understanding nature and harnessing its energy.

Silk production

China’s historical expertise is silk production and weaving. This created a unique approach to clothing and economic growth.

Conclusion

These features collectively contribute to the unique and enduring tapestry of Chinese traditional culture