

HERBAL MEDICINES

Herbal medicine is a type of medicine that uses plants parts like leaves, roots, stems and tree barks to improve health. It is also the practice of medicinal and therapeutic use of plants. It is also known as herbalism.

Example of herbal medicines

1. Turmeric
2. Elderberry
3. Echinacea

Medicine names;

Amoxicillin

This is an antibiotic drug that is used to cure antibacterial infections.

Amoxicillin contains a semisynthetic anti biotic, an analog if ampicillin, with a broad spectrum of bactericidal activity against many Gram-positive and Gram-negative microorganisms. Chemically it is (2S,5R,6R)-6-[(1R)-(-)-2-amino-2-(p-hydroxyphenyl)acetamido]-3,3-dimethyl-7-oxo-4-thia-1-azabicyclo [3.2.0]heptane-2- carboxylic acid and trihydrate.

Amoxicillin is always in three form

1. Capsule
2. Tablets
3. Powder of oral suspension

1. Tablets

Composition of tablet

Each tablet contain 500 or 875 mg amoxicillin as trihydrate

Each film coated, capsule-shaped, pink tablet is debossed with AMOXIL centered over 500 or 875 respectively; 875 mg tablet is scored on the reverse side.

Inactive gradients

FD and C Red no. 30

Aluminium lake

Hypromellose

Magnesium
Stearate
Microcrystalline
Cellulose
Polyethylene
Glycol
Sodium starch glycolate
Titanium dioxide.

2. Capsule

Each capsule of AMOXIL with royal blue cap and pink opaque body contains 250 mg or 500 mg amoxicillin as the trihydrate.

The cap and the body of 250-mg capsules are imprinted with the product name AMOXIL and 250;

The cap and the body of 500 mg capsules are imprinted with the product name AMOXIL and 500.

Inactive ingredients are;

D & C Red no. 28
FD & C blue no. 1
FD & C Red no. 40
Gelatin
Magnesium stearate
Titanium dioxide

3. Powder of oral suspension

Each 5 mL of reconstituted suspension contains 125 mg, 200 mg, 250 mg or 400 mg amoxicillin as the trihydrate.

Each 5 mL of the 125-mg reconstituted suspension contains 0.11 mEq (2.51 mg) of sodium.

Each 5 mL of the 200-mg reconstituted suspension contains 0.15 mEq (3.39 mg) of sodium.

Each 5 mL of the 250-mg reconstituted suspension contains 0.15 mEq (3.36 mg) of sodium; each 5 mL of the 400-mg reconstituted suspension contains 0.19 mEq (4.33 mg) of sodium.

Inactive ingredients:

FD&C Red No. 3.

Flavorings.

Silica gel.

Sodium benzoate.

Sodium citrate.

Sucrose

Xanthan gum.

Reasons why you should take amoxicillin as a medicine

- It have got fewer side effects.
- It can be used by other antibiotics
- It works faster.
- It is also good in treating infections such as ear infections.

Unlike other medicines, herbal medicines are far fewer side effects when used as prescribed. Their formulations are designed to support and strengthen the body in an ongoing capacity. Despite their high efficacy, they have significantly less instances of dire reactions, dependency and complications. If you decide to pause your use of herbal medicine, you will not experience debilitating come downs (at most, you may experience the return of the symptoms you were seeking to stop with the herbs, but at no greater intensity).

Also, they are a completely natural approach to prevention, healing and health support. Used in the right dosage, individually prescribed for your needs, they are a safe and effective way of, in some instances, opting away from or helping to support pharmacy medications. When used properly there are very few, if any, downsides to including herbal medicines in your holistic health habits.

These herbs should always be taken in controlled dosages as prescribed by a qualified naturopath. This step to getting them can sometimes be seen as an expensive hurdle, though this is (for reputable naturopaths) a bit of a myth. With the option for bulk billing disappearing across most general practitioners, especially, seeing a naturopath for herbal medicine is a greater cost effective option. They can support prevention of disease, ongoing health and wellbeing and treatments for ailments. Either on their own or in conjunction with medications (which must always be disclosed to your naturopath), they can have extremely high efficacy in fairly low dosages. So, a little goes a long way for a relatively moderate price point. Effective herbs will also ensure you are visiting your naturopath and your GP a lot less.

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I believe that the above herbal medicine works and they do improve health.

It is advisable to base on herbal medication since they have fewer side effect and provides natural healing compared to the pharmacy medics.