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| ABORTIONIn our world11/21/2023Mark Nguyo |

**ABORTION**

 Abortion is the intentional act of ending the human pregnancy and it’s mostly done before a period of four weeks which is commonly known as the 5th week of gestation period. It should be understood that abortion is personal and before doing it, a health consultant should be well aware for safety purposes.

Some of the reasons of doing it before the 28 days include:

* **Psychological and emotional** reasons whereby the psychological burden reduces hence hindering continued pregnancy.
* **Medical factors:** this condition may demand for an early abortion incase if the expecting person takes medications that interferes with the pregnancy.
* **Simple and less interfering procedures:** when done earlier, there are few chances of associated risks rather than late abortion which is risky since it’s surgical.
* **Privacy and confidentiality**: when it’s done earlier, it keepsthe process more confidential. Moreover since it’s less noticeable, there is disclosure hence more privacy.
* **Emotional growth**: since the pregnancy is not identified so much, the emotions towards the mother with the fetus have not really grown that much hence the psychological healing won’t impact that much like for a woman expecting for 9 months.
* **Less expensive**: If there happens to have any alteration during pregnancy, many people find it cheaper and less dangerous for elimination of the unborn. If the pregnancy is prolonged and later removed, the charges are high and the process is sometimes fatal if not done by a professional.

**Abortion LAWS**

According to the laws put by each country, there is a difference in terms of the actions taken and regulations provided towards abortion. There are cases where abortion is legal and it’s evident by countries like the USA, El Salvador, Nicaragua, and Poland. The devastating regression on this rights in the USA makes this country a stark outlier to the global trend toward liberalization. 60% live where abortion is broadly legal hence the cases of it is high and rising by day. According to the UN Population Division, all reproductive women in each country have an access to abortion services because some have not identified themselves as women. Coming back to the USA, in 2022 when Roe v. Wade was overturned, the supreme court removed all the nationwide protections for abortion rights and since then some states have criminalized abortion while others have strengthened protection. Mexico also unanimously recognized a constitutional right to legal, safe and free abortion services during early pregnancies. Countries where abortion is not permitted include: Libya, Iran, Indonesia and Nigeria. The ideal reason is that it’s an act of murder hence it’s an offensive crime. In the case of Nigeria, if one is involved in abortion a heavy jail sentence is given for 14 years and only in cases where it is performed to save the life of the pregnant woman that the case is forgiven. The same applies to Kenya where it is stated in Article 26(4) that Abortion is not allowed unless there is need for emergency treatment, or the life of the mother is in danger. To also note, unsafe abortion is responsible for the deaths of nearly 2,600 women and girls each year in Kenya. It is therefore advisable to seek professional legal advice or consult reliable sources such as the government websites or non-profit organizations specializing in reproductive rights to obtain accurate information concerning abortion.

*Personal thoughts*

Abortion to me is an act that involves personal psychological and physical state to a person who is to undergo it. It means loosing someone who is your blood and it’s a hurtful decision to make for some. Others may come up with the idea of abortion simply because they don’t want to keep the pregnancy. I feel that there should be self awareness to those doing this act. Seminars should be held occasionally to help fight the rise of abortion mostly to young girls. They should be taught to be good role models because the future lies on them together with their generation.

**Conclusion**

In summary, I feel that abortion should not be the first priority to be done in case one gets unwanted pregnancy like during unprotected sex or even rape. This is because it is an act of Inhuman to kill the fetus that maybe would in the coming future be a prominent man or woman. It is true that our destiny sometimes can’t be clear; but all human kind deserves to live and achieve something in great in life. The Almighty God is the one that gives life and the only one who can take it. So if abortion is done knowingly that the fetus is healthy, then it’s a sin and one should seek for repentance to the ones that believe.

Secondly, abortion may be done if there is a risk of health that would be fatal to the mother, fetus or both. Instead of facing clear sure death, it is better to save one life than to loose both. This act is usually painful because the mother gets connected to his or her baby and when it reaches that point that she has no option than to eliminate the fetus, she might end up into depression or others may commit suicide.

At that moment, the mother should be surrounded by people who love her and are positive towards that action she is about to do.

She should also be given a maternity leave of a few weeks or months to recover from the pain of losing a loved one. The husband should be there for her because he is the only best option at that time.

Life in the past was not into abortion a lot and people would still survive; so, I strongly feel that modern technology has brought up the cases of abortion through surgery and mostly through pills. To touch on the pills, I wouldn’t recommend the act of taking them because they increase the chances of not ever expecting in the coming future. What simply happens is that when they are occasionally taken they mess up the reproductive system causing weakness on the womb hence it gets hard to raise a child.

Abortion should not be something that one is proud of. People should not demonstrate for it to be legal because I feel that it promotes injustice living for the unborn. People should instead be reasonable and wise on the actions that they take.

In a nutshell we need well organized reasons on what to decide entailing abortion. Most people feel that abortion is immoral and it’s a practice that is evil “Are they ever right regarding that some support it to their fullest potential?” This issue requires sincere critical thinking to come up with fair decisions. First we need to understand that abortion is a complex topic, with different opinions and perspectives from people raised in various backgrounds, cultures and belief systems. This debate primarily revolves around the moral,

ethical, and legal considerations of terminating a pregnancy. Some may be supporting it mainly because it is not allowed in their country, like if a woman gets health issues nothing will be done in that instance.

Such countries should make wise moves to safeguard the life of women.

Some laws of abortion argue that a woman has a right to make decision about her own body, this is whether to continue with a pregnancy or choose to eliminate it. In addition to that, the need of having access to safe abortion services is provided in order to protect women’s health and reduce the number of risky and illegal procedures.

On another aspect, opponents of abortion often argue based on religious, moral, or philosophical ground. Their beliefs are that life starts at conception and taking the life of an unborn child does mean much. They also emphasize the potential of physical and psychological impacts towards women who undergo the procedure.

When engaging in this discussion we should understand that it is respectful and free willed as people’s opinions vary differently. It is also important to be aware that different countries and jurisdictions have varying laws and regulations concerning abortion.

The government should also allow abortion under several instances: concerns about the health of the mother, medication considerations and the risk of death. This process should be made confidential as it is always better not to interfere with someone’s privacy.

The organizations involved, should also be strict on the people taking the abortion choice. A thorough check up should be done to ensure there is legality because I personally feel that the unborn have a right just like us. In case there is a need of elimination, safe procedures to be followed.

Induced abortion is another impact that is not restricted to the adolescents but you may find it occurring within marriage to limit the family number. Mostly done for the family planning services which most of the couples do nowadays with few methods like:

* Medication induction (drugs to stimulate uterine contractions)
* Instrumental evacuation of the uterus after cervical dilation

The method used depends on the gestational age like for medical it is mostly done before a duration of 11 weeks and for those taking abortion after 11 weeks undergoes the instrumental evacuation. To note on this, they should be observed because there are high chances of bleeding.

To sum up, *post-abortion medical services* must always be available, safe and accessible regardless of whether or not abortion is legal,

Human rights mechanism have stressed that women and girls should have access to post- abortion services regarding that it is approved by the health care. Also, barriers to the provision of abortion services to be eliminated: human rights bodies have expressed concern about the role of international assistance in creating barriers to sexual and reproductive health services.

Also abortion services should have no discrimination towards rightful people doing it. Everyone requires to be given respect no matter what instance. People who do abortion should not be judged since God is the only one to, they should instead be treated as equals and should be understood by their fellow people.

To all the mentioned points above, it is my wish that people get to understand that abortion nowadays is a choice and it is a personal act that can mainly be controlled by self awareness.

ABORTION